



SEPTEMBER 2026 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
■ = Auburn Recreation Program (Jody)				❖ = City of Auburn Age-Friendly Committee Event ⌘ = 1st Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting The above programs are independent of Rec Programs		
		1 ■ HOLD: Snowpond Cruise 9am (rain date) ■ Matter of Balance • by SeniorsPlus 10am ■ Yoga For Balance 3pm	2 ⌘ = 1 st Auburn Senior Citizens Meeting ■ The Producers at Ogunquit 12:30pm	3 ■ Thanksgiving Diamond Art Card 10am ■ Million-Dollar Quartet at Public Theater 1:30pm ■ Chair Yoga 1:30 PM ■ Adult Craft Night 5pm	4 ■ Drop-In Day 9-12 ■ Sunshine Club 10am	5
6	7 HOLIDAY - No Recreation Programs	8 ■ Matter of Balance • by SeniorsPlus 10am ■ Yoga For Balance 3pm ❖ Age-Friendly Mtg 5:30pm	9 ◆ = Robin Dow Meeting ■ Diamond Art Cards (after bingo 2:30pm) ■ Mystery Dinner 4pm	10 ■ Western Cemetery Tour Portland 9am ■ Crafting w/Nancy 1pm ■ Chair Yoga 1:30 PM	11 ■ Drop-In Day 9-12 ■ Pumpkin Painting Canvas 10am ■ Practical Magic 2 Movie	12
13	14 φ = New Auburn Seniors Meeting	15 ■ Matter of Balance • by SeniorsPlus 10am ■ Yoga For Balance 3pm ■ Celtic Thunder at Waterville 6pm	16 ⌘ = 1 st Auburn Senior Citizens Meeting ■ Flashback to Murder at The Carousel in Boothbay 10:15am	17 ■ Maine Seafood Tasting 10am ■ Chair Yoga 1:30 PM ■ Adult Craft Night 5pm	18 ■ Drop-In Day 9-12 ■ Card Crafting w/Corrine 10am ■ ASCC Flea Market Set Up 1pm to 4pm	19 ■ ASCC Flea Market 8am – 2pm
20	21 φ = New Auburn Seniors Meeting	22 ■ Matter of Balance • by SeniorsPlus 10am ■ Yoga For Balance 3pm	23 ◆ = Robin Dow Meeting	24 ■ Coffee Talk 8am ■ Chair Yoga 1:30 PM	25 ■ Drop-In 9-12 ■ Book Club 10am ■ Diamond Art Magnet 9am	26
27	28 φ = New Auburn Seniors Meeting ■ Walk: River Elf Trail in New Gloucester 12pm	29 ■ Cumberland Fair 10am ■ Matter of Balance • by SeniorsPlus 10am ■ Yoga For Balance 3pm ■ Diamond Art Cards 3pm	30 ■ Senior Group Members BBQ (more info coming)			

Date	Time	Cost	Description
Tuesday, Sept 1	10:00 AM – 12:00 PM	Free	Matter of Balance • Offered by SeniorsPlus Join us for an 8-week session, Matter of Balance (MOB) is specifically designed to reduce the fear of falling and improve activity levels among community-dwelling older adults. The program includes eight two-hour classes presented to a small group of participants led by trained coaches. The program enables participants to reduce the fear of falling by learning to view falls as controllable, setting goals for increasing activity levels, making small changes to reduce fall risks at home, and exercise to increase strength and balance. Tuesdays, August 25 to October 13 from 10 AM to 12 PM Minimum of 5 participants, maximum of 25 participants Offered by SeniorsPlus for no fee In this nationally recognized, evidence-based workshop, participants learn how to view falls and the fear of falling as controllable, set realistic goals for increasing activity, and identify and modify fall hazards around their homes. The classes combine gentle movement exercises (to improve strength and balance) with group discussions and problem-solving strategies to manage the fear of falling. Dates: 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6 and 10/13 This program is being offered by Jennifer Boenig, jboenig@auburnmaine.gov. 207.333.6601 X1132
Tuesday, Sept 1	3:00 PM – 4:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, Sept 2	9:00 AM – 3:00 PM	\$20.00 annual	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, Sept 2	12:30 PM returning about 6:00 PM (Show begins at 2pm)	\$60 \$62 non-residents	The Producers at Ogunquit Playhouse The Mel Brooks Musical. Based on 1968 cult classic comedy, The Producers tells the story of theatrical producer Max Bialystock who realizes the road to his financial redemption lies in producing the worst musical ever written, raising 25,000% of the capital, and pocketing it all when the show is a one-night-only disaster. Aided and abetted by nebbish accountant named Leo Bloom, Bialystock options the rights to a "gay romp with Adolf and Eva." Of course, if the show, by some insane stretch of credulity, were to become a hit, Bialystock and Bloom would be thrown in jail. And that's exactly what happens. Pre-registration is required. Minimum 6/Maximum 14. No refund unless your spot can be filled. Content: PG-13 Run Time: 2 hr 30 min partial ticket prices are being sponsored by the Fortin/Pinette Group to keep it affordable to all
Thursday, Sept 3	10:00 AM – 12:00 PM	Free	Cartoon-style Thanksgiving Diamond Art Card Join us at the Auburn Senior Community Center to make a Thanksgiving themed diamond art card. There will be different ones to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Max 10. Pre-registration is required.
Thursday, Sept 3	1:30 PM returning by 5:00 PM (Show begins at 2pm)	\$40 \$45 non-residents	Million-Dollar Quartet at The Public Theater Maine State Music Theatre and The Public Theatre proudly present a not-to-be-missed co-production of Million-Dollar Quartet! Maine's own Scott Moreau Directs and portrays Johnny Cash, along with a cast of musicians who will transport you back in time to witness the birth of a sound that changed the world forever. Step into the legendary night where rock 'n' roll history was made! On December 4, 1956, an extraordinary twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins, and Elvis Presley together in a recording studio in Memphis for one of the greatest jam sessions ever. This Broadway sensation MILLION DOLLAR QUARTET brings to life an irresistible tale of broken promises, secrets and celebrations. The electrifying musical features over 20 smash-Rock n' Roll hits including "Blue Suede Shoes," "Fever," "Walk the Line," "Sixteen Tons," "Who Do You Love?," "Great Balls of Fire," "Hound Dog," and more. As egos collide, dreams ignite, and the sound of a new generation roars to life, these icons navigate ambition, rivalry, faith, and fame — all set against a soundtrack that would define an era. What begins as a casual jam session explodes into a historic night

			of unforgettable music, raw talent, and rock 'n' roll revolution. Presented by Maine State Music Theatre and The Public Theatre Pre-registration is required. Minimum 6/Maximum 14. No refund unless your spot can be filled. partial ticket prices are being sponsored by the Fortin/Pinette Group to keep it affordable to all
Thursday, Sept 3	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, Sept 3	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Friday, Sept 4	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, Sept 4	10:00 AM – 11:30 AM	Free	Sunshine Club – Do you want to bring a little sunshine to community members living in assisted living centers? Join this lively group who work together to make floral arrangements to be delivered to local long-term care facilities. Pre-registration required.
Tuesday, Sept 8	10:00 AM – 12:00 PM	Free	Matter of Balance • Offered by SeniorsPlus Join us for an 8 week session, Matter of Balance (MOB) is specifically designed to reduce the fear of falling and improve activity levels among community-dwelling older adults. The program includes eight two-hour classes presented to a small group of participants led by trained coaches. The program enables participants to reduce the fear of falling by learning to view falls as controllable, setting goals for increasing activity levels, making small changes to reduce fall risks at home, and exercise to increase strength and balance. Tuesdays, August 25 to October 13 from 10 AM to 12 PM Minimum of 5 participants, maximum of 25 participants Offered by SeniorsPlus for no fee In this nationally recognized, evidence-based workshop, participants learn how to view falls and the fear of falling as controllable, set realistic goals for increasing activity, and identify and modify fall hazards around their homes. The classes combine gentle movement exercises (to improve strength and balance) with group discussions and problem-solving strategies to manage the fear of falling. Dates: 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6 and 10/13 This program is being offered by Jennifer Boenig, jboenig@auburnmaine.gov. 207.333.6601 X1132
Tuesday, Sept 8	3:00 PM – 4:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Tuesday, Sept 8	5:30 PM – 6:30 PM	N/A	Age-Friendly Community Committee Meeting – Open to the Community
Wednesday, Sept 9	9:00 AM – 3:00 PM	\$20.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, Sept 9	2:30 PM (after bingo) - 4:30 PM	Free	Diamond Art Fall Animal Theme Cards Join us at the Auburn Senior Community Center to make a fun diamond art card. There will be different ones to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Max 12.
Wednesday, Sept 9	4:00 PM	\$3 \$5 non-residents	Mystery Dinner shuttle Let dinner be a surprise! Sign up for the social aspect and for the thrill of no knowing where the bus will take you. Pre-registration is required. Minimum 8/Maximum 14
Thursday, Sept 10	9:00 AM – 12:30 PM	\$5 \$7 non-residents	Western Cemetery Tour in Portland The Western Cemetery is an urban cemetery located in the West End neighborhood of Portland, Maine, near the Western Promenade. It served as Portland's primary municipal burial ground from 1829 until 1852, when Evergreen Cemetery was established in the then-separate town of Deering.

			The land was officially acquired by the city in 1829 and expanded in 1841 to its current size of 12 acres (4.9 ha). The design of lots and circulation paths was created by civil engineer James Hall in 1840. Western Cemetery remained active until 1910 and contains an estimated 6,600 marked and unmarked graves. While one section of the cemetery was designated for the burial of the indigent, Western Cemetery served a wide range of Portland's population. Burials include Revolutionary and Civil War veterans, Irish immigrants, African American residents—including leaders of the historic Abyssinian Meeting House—and other prominent citizens. Some families later relocated remains to Evergreen Cemetery when space became limited, but many original burials remain. Its main entrance, the Daveis Memorial Gate, was added in 1914 and designed by noted Maine architect John Calvin Stevens. GUIDED TOURS Join our tour starting at 10:00am. Tours are approximately 90 minutes long. Pre-registration is required. Minimum 8/Maximum 14.
Thursday, Sept 10	1:00 PM – 3:00 PM	\$8.00	Crafting with Nancy: YBD (Max 12)- Join us as Nancy guides us through a creative process to make a beautiful take home piece of art. This will be an onsite workshop offered here at the senior center. All necessary materials and instruction will be provided. Pre-registration is required. Min 8/Maximum 12
Thursday, Sept 10	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Friday, Sept 11	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, Sept 11	9:00 AM – 12:00 PM (this will take place during drop in)	\$2.00	Pumpkin Painting Canvas with Acrylics Join us as to paint (by number if you choose to follow them) an 8 inch round canvas with a cute fall pumpkin! You can use the supplied acrylic paints or our paint pens to complete this art project. This will be an onsite workshop offered here at the senior center. All necessary materials and instruction will be provided. Pre-registration is required. Maximum 12 During drop in, come anytime
Friday, Sept 11			Tech Talk Friday – We are OFF this month but will be returning in October.
Friday, Sept 11	Time: TBD	\$6 \$7 non-residents	Practical Magic 2 Movie Shuttle– A multi generational family of witches, cursed to be loveless for centuries, attempts to break the spell by confronting dark secrets and sacrificing for each other. Sandra Bullock and Nicole Kidman are returning to star and produce, alongside returning cast members Dianne Wiest and Stockard Channing. The sequel will loosely follow Alice Hoffman's novel The Book of Magic. The plot will center around Sally and Gillian confronting a dark family curse, while also helping the next generation—including Sally's now-grown daughters, played by Joey King and Maisie Williams—navigate life as witches Pre-registration is required. Minimum 8/Maximum 14.
Monday, Sept 14	9:00 AM – 3:00 PM	\$20.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather.
Tuesday, Sept 15	10:00 AM – 12:00 PM	Free	Matter of Balance • Offered by SeniorsPlus Join us for an 8 week session, Matter of Balance (MOB) is specifically designed to reduce the fear of falling and improve activity levels among community-dwelling older adults. The program includes eight two-hour classes presented to a small group of participants led by trained coaches. The program enables participants to reduce the fear of falling by learning to view falls as controllable, setting goals for increasing activity levels, making small changes to reduce fall risks at home, and exercise to increase strength and balance. Tuesdays, August 25 to October 13 from 10 AM to 12 PM Minimum of 5 participants, maximum of 25 participants Offered by SeniorsPlus for no fee In this nationally recognized, evidence-based workshop, participants learn how to view falls and the fear of falling as controllable, set realistic goals for increasing activity, and identify and modify fall hazards around their homes. The classes combine gentle movement exercises (to improve strength and balance) with group discussions and problem-solving strategies to manage the fear of falling.

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Tuesday, Sept 15	3:00 PM – 4:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Tuesday, Sept 15	6:00PM (Show at 7:30PM) - 10:30PM	\$60 \$62 non-residents	Celtic Thunder at Waterville Opera House The members of Celtic Thunder are each a powerhouse in both their solo and ensemble songs. Ably backed by the dynamic Celtic Thunder Band, their shows are known for the use of dramatic effects of lighting and choreography as well as a stage set resembling an ancient stone pathway suggestive of those referenced in Celtic lore. Now for fall of 2026, Celtic Thunder will complete its 18th tour of North America. The show will see Emmet Cahill, Neil Byrne, Damian McGinty, and Ronan Scollard perform some of Celtic Thunder's greatest songs and welcome some old friends along the way. Longtime fans will be thrilled to see their favorite voices come together, blending their talents in an atmosphere of warmth and nostalgia. Run time: 90 minutes to two hours Seats: Orchestra Rows E and F Pre-registration is required. Minimum 6/Maximum 14. No refund unless your spot can be filled. Price includes transportation and show tickets.
Wednesday, Sept 16	9:00 AM – 3:00 PM	\$20.00 annual	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Wednesday, Sept 16	10:15 AM – 4:30 PM	\$60 \$65 non-residents	Flashback to Murder (Interactive Dinner Theater) at The Carousel in Boothbay Harbor It's 1975 - disco and polyester are in. You will be attending your 20-year reunion for the Class of 1955. Twenty years has brought about some drastic changes. Reunions are great for reminiscing. It's too bad the evening is dampened by the yet to be solved murder of the prom queen back in 1955. Flashback in time to that fateful year and participate in solving the mystery. A sweet, nostalgic blast from the past that's great for all ages, "Flashback to Murder" has a host of lovable characters, great original music with a '50s flair, and cameo roles some of our guests. Important Information about this production: *Participation is at your discretion. If we ask you to play along just us know if you do not wish to participate. *Entrees will be served buffet style. Soup/Chowder and desserts will be served at the table. *Performance begins as you arrive and meet the cast of characters. Pre-registration is required. No refund unless we can fill your spot. Minimum 8/Maximum 14.
Thursday, Sept 17	10:00 AM – 2:30 PM	\$20 \$23 non-residents	Maine Tasting Center: Maine Seafood Tasting (Flavors of Maine 201) Description: Eel and seaweed and salmon, oh my! Take your tastebuds on a trip down Maine's coast and explore the aquatic ingredients and flavors that make Maine so special. Participants will be introduced to Maine's wild and farmed seafood industries and hear the stories of local farmers, fishermen and other producers - while sampling delicious products that represent them! Minimum 10/Max 14. After our program we will have a little time to "visit" in the Tasting Room. The Tasting Room is our brewpub-style space where they serve Maine beer, wine, cider, and cocktails plus a selection of small plates that spotlight ingredients from Maine farmers and producers. The Tasting Room offers indoor and outdoor seating and a small retail shop.
Thursday, Sept 17	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, Sept 17	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.

Friday, Sept 18	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, Sept 18	10:00 AM – 11:30 AM	Free	Card Making 101 with Corinne Card Crafting with Corinne – This is an onsite (Auburn Senior Community Center) Hand-made card making workshop. All materials will be provided by the Senior Center. Feel free to bring your own card crafting supplies if you have them. September: Exploring Adhesives - Focus: Discover several types of adhesives and how to use them effectively. - Projects: Create two card sketches for your reference and one Halloween-themed card. General Supply Notes - Having your own paper cutter and adhesive is encouraged but not required—extra materials will be available at each class. - Classes are designed to build your skills month by month, so attending regularly will maximize your learning. look forward to seeing you in class and helping you create beautiful cards! Pre-registration is required.
Friday, Sept 18	1:00 PM – 4:00 PM		Flea Market ASCC Set Up Set up will be on Friday, September 18th from 1:00pm to 4:00pm.
Saturday, Sept 19	8:00 AM – 2:00 PM	Shoppers are Free	Looking to sell some household treasures or your one of kind creations? 8 ft. table rentals are available at \$20.00 each.
Monday, Sept 21	9:00 AM – 3:00 PM	\$20.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather.
Tuesday, Sept 22	10:00 AM – 12:00 PM	Free	Matter of Balance • Offered by SeniorsPlus Join us for an 8-week session, Matter of Balance (MOB) is specifically designed to reduce the fear of falling and improve activity levels among community-dwelling older adults. The program includes eight two-hour classes presented to a small group of participants led by trained coaches. The program enables participants to reduce the fear of falling by learning to view falls as controllable, setting goals for increasing activity levels, making small changes to reduce fall risks at home, and exercise to increase strength and balance. Tuesdays, August 25 to October 13 from 10 AM to 12 PM Minimum of 5 participants, maximum of 25 participants Offered by SeniorsPlus for no fee In this nationally recognized, evidence-based workshop, participants learn how to view falls and the fear of falling as controllable, set realistic goals for increasing activity, and identify and modify fall hazards around their homes. The classes combine gentle movement exercises (to improve strength and balance) with group discussions and problem-solving strategies to manage the fear of falling. Dates: 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6 and 10/13 This program is being offered by Jennifer Boenig, jboenig@auburnmaine.gov. 207.333.6601 X1132
Tuesday, Sept 22	3:00 PM – 4:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, Sept 23	9:00 AM – 3:00 PM	\$20.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Thursday, Sept 24	8:00 AM – 9:30 AM	Free	AARP Coffee Talk September 24 - Cole Turner - Protecting Yourself From Investment Fraud and Scams Cole Turner is an investigator with the Maine Office of Securities Enforcement section of the Maine Department of Professional and Financial Regulation. They are charged with investigating potential violations of Maine's securities laws and enforcing those laws. Investigators are the first point of contact for securities related

			complaints. Cole will be discussing securities related issues and the most common scams and schemes that he sees on a daily basis. You will learn practical ways to protect yourself, friends, family, and community members. Join us for an informative discussion and discover how to recognize key red flags that can help prevent financial losses. A light breakfast of coffee and pastries will be provided. This is offered in collaboration with AARP.
Thursday, Sept 24	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Friday, Sept 25	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, Sept 25	9:00 AM – 12:00 PM	Free	Dark Diamond Art Halloween Fridge Magnet Join us at the Auburn Senior Community Center to make a fun diamond magnets. There will be different ones to decorate in diamond art, it will be a surprise which one(s) you get. You can do multiple. Pre-registration is required. This is an in-house program, not for pick up and take home. Max 12. Pre-registration is required.
Friday, Sept 25	10:00 AM	Discussion Day	ASCC w/the APL Monthly Book Club -Fall 2026/Spring 2027 PRIORIOTY REGISTRATION WILL BE GIVEN TO THOSE WHO HAVE BEEN ENROLLED IN THIS PROGRAM WITH THE APL. THAT REGISTRATION WILL BE FROM AUGUST 1ST THROUGH THE 14TH. SEE JODY TO REGISTER. The Auburn Senior Community Center, in partnership with the Auburn Public Library, is pleased to be able to continue their reading and discussion group. This group will meet monthly at the ASCC. Questions? Contact Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org . Maximum 15 (can accommodate more for discussion days if people share their books before the next meet up). If you CANNOT make a discussion, please do not take a book the prior month. Pre-registration is required. Maximum 15 - call or email me to register jcollins@auburnmaine.gov or 207-333-6601 x2109
Monday, Sept 28	9:00 AM – 3:00 PM	\$20.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather.
Monday, Sept 28	12:00 PM	\$3 \$5 non-residents	Walk: River Elf Trail in New Gloucester The River Elf Trail is located on Willow Farm, a 150-acre property protected by a conservation easement held by the Royal River Conservation Trust. Opened in August 2025, this trail was named in honor of the river elves of Wabanaki lore, mischievous tricksters of the river. The trail starts at a 4-car gravel parking lot at 400 Cobbs Bridge Rd in New Gloucester. The parking lot is plowed in the winter. The trail follows an old woods road before turning right across an open field. It then enters the woods and follows old stone walls. After 0.5 miles, the trail splits to form a mile-long loop, with either direction leading to a scenic stretch along the banks of the Royal River. The route winds over gently rolling terrain beneath a canopy of mature oak and beech. As the trail nears the river, the slopes steepen, and hemlock trees dominate the overstory. Public access is on-trail only, respecting ongoing farming operations, sensitive habitat, and nearby residences. Dogs must be on leash at all times. The Royal River Conservation Trust manages the River Elf Trail. For more information, visit: https://www.rRCT.org/locations/river-elf-trail
Tuesday, Sept 29	10:00 AM – 2:30 PM	\$3 \$5 non-residents	Cumberland Fair Shuttle Senior Day is Tuesday, \$6 Admission (CASH ONLY) 65 & Over! Let's go and visit some of your favorite agricultural fairs to see live animals, tractor pulls, horse races, amazing entertainment, arts and crafts vendors, and try lots of delicious food! We will provide transportation and parking and you will pay any applicable entrance fee. Pre-registration is required. Minimum 8/Maximum 14.
Tuesday, Sept 29	10:00 AM – 12:00 PM	Free	Matter of Balance • Offered by SeniorsPlus Join us for an 8 week session, Matter of Balance (MOB) is specifically designed to reduce the fear of falling and improve activity levels among community-dwelling older adults. The program includes eight two-hour classes presented to a small group of participants led by trained coaches. The program enables participants to reduce the fear of falling by learning to view falls as controllable, setting goals for increasing activity levels, making small changes to reduce fall risks at home, and exercise to increase strength and balance. Tuesdays, August 25 to October 13 from 10 AM to 12 PM Minimum of 5 participants, maximum of 25 participants

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Tuesday, Sept 29	3:00 - 5:00 PM	Free	Diamond Art Halloween Ghost Cards Join us at the Auburn Senior Community Center to make a fun diamond art card. There will be different ones to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Max 12.
Tuesday, Sept 29	3:00 PM – 4:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, Sept 30	11:00 AM		“save the date” for the annual senior group BBQ. (First Auburn, New Auburn, Robin Dow) This year will be a sock hop them on Wednesday, September 30th at the Hilton Garden Inn in Auburn. Doors will open at 11am. More details to follow from either Liz, Jenn or Jody



Looking for updates on programs – check us out on Facebook:
“Auburn Recreation Department – Maine”
“Friends of the Auburn Senior Community Center”